

LEARNING SKILLS WORKSHOPS

APRIL CALENDAR - LAKESHORE

| MON | TUES | WED | THURS | FRI |
|--|---|---|--|-----|
| 2 1:35pm-2:25pm Stress Management | 3 10:45am-11:35am Tips for Multiple Choice | 4 1:35pm-2:25pm "I'm too busy" How to Manage Your Time | 5 | 6 |
| 9 1:35pm-2:25pm Calm & Confident Test Prep & Taking | 10 1:35pm-2:25pm Memory and Concentration <i>*Live Stream</i> | 11 2:25pm-3:15pm Tips for Multiple Choice | 12 10:45am-11:35am Calm & Confident Test Prep & Taking | 13 |
| 16 12:35pm-1:25pm Calm & Confident Test Prep & Taking <i>*Live Stream</i> | 17 10:45am-11:35am Tips for Multiple Choice Tests | 18 2:25pm-3:15pm Chill It's All Good! How to Manage Your Stress | 19 | 20 |
| 23 1:35pm-2:25pm Calm & Confident Test Prep & Taking | 24 10:45am-11:35am Chill It's All Good! How to Manage Your Stress | 25 10:45am-11:35am Tips for Multiple Choice | 26 | 27 |



All workshops are held in **WEL207**

Located on the 2nd floor of the Student Welcome Centre

***Live Stream** selected workshops from home
Visit: <http://humber.ca/learningresources/workshops>

**WE ARE
PEER ASSISTED
LEARNING SUPPORT**



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